

MSKEL 101 A Mobility Templates: New and Improved Approach for Treatment of the Pelvis, Sacrum and Spine in Muscle Energy and „Beyond“ Technique

Low back pain, neck pain and headaches affect commonly very many people this time. Dr. Sharon (Weiselfish) Giammatteo has been researching and developing treatment techniques for correction of biomechanical dysfunction for over thirty years. While her roots are in Muscle Energy Techniques, over the last decade her research has led to this new approach. Clinical studies have been proven that Mobility Templates are successfully treating this problem where other conventional therapies often fail. Treating with Templates is efficient, effective and – last not least – simple, although very complicated, complex, and confusing biomechanical dysfunctions are addressed.

These new techniques will lead to elimination of low back pain, mid-thoracic pain, neck pain, headaches and migraines, TMJ symptoms, sciatica and more.

Upon application of Mobility Templates, the patient will experience immediate improvements in pain and symptoms, movement and balance, gait, bending, lifting, sitting and all other activities of daily living.

We recommend this class to everybody – either you are new in the field of biomechanics or you have participated in the „old“ Muscle Energy and „Beyond“ Series.

MSKEL 101A presents – basing on your knowledge of topographical anatomy of Pelvis, Sacrum and Spine – evaluation of static and dynamic posture, while highlighting compensatory patterns and application of Mobility Templates to correct biomechanical dysfunction.

Pre-Requisites:

None