

Body/Mind Applied Psychosynthesis

Important for health of body and mind is a balanced state of all the body's systems. We know the somato-emotional organ couple phenomena already from traditional classic chinese medicine. Body/mind especially deals with these interactions regarding diagnostics and therapy. Global communication, their balance or rehabilitation within and between our body's systems by connecting specific areas (Neurofascial Process Centers) is an important part of the concept of Integrative Manual Therapy™.

IDAP DEP

(BODM 402) Integrative Diagnostics: Letting go of Depression

This is an introductory seminar for holistic treatment of depression combining Integrative Manual Therapy and psychodrama to facilitate the healing process of emotional, mental and spiritual dysfunction. The multi-systems approach of IMT focusses especially on the structural causes feeding into depression as endogenous and endocrine dysfunction, sphenobasilar compression, oxidative stress, toxins and toxicity, visual disturbances.

„Doing is knowing and what we know we can do again.“

Psychodrama – this class refers to the therapeutic spiral model TSM developed by Kate Hudgins, Ph.D., TEP. This model can be used within IDAP sessions and help you treat your traumatised clients more effectively.

Pre-Requisites:

2 IMT classes